

What can you do for the youth in our community?

Things to Do with Youth

- Talk to a young person about their plans for the future
- Help a teenager fill out their college entrance and/or FAFSA forms
 - Take interest in your teen's friends and activities
- Teach a youth how to play an instrument, do photography or any hobby
 - Invite a teacher to have dinner in your home
 - Plant a garden
 - Write a positive letter to the editor
- Host alcohol-free parties with plenty of fun activities
- Attend parent-teacher conferences and show pride in our schools
- Have friends from different backgrounds and ethnicities
 - Celebrate uniqueness



Things to Say to Youth

- Say "hello" when you pass a young person on the street
- Vow to say one encouraging thing to someone each day
- Say "Welcome!" when a young person enters your place of business
 - Say "thank you" to a member of law enforcement
 - Ask your teen where they are going

Ways to Engage Youth

- Engage in conversation and ask young people what is important to them
 - Connect young people to programs such as 4H, Boy/Girl Scouts, etc.
- Be more than a chauffeur for youth by engaging in the activity with them
 - Create leadership roles for youth in the community
 - Do simple acts of community service together
 - Organize a neighborhood block party
 - Lead a litter clean up day in the park
 - Help youth treat school as if it is their job



Lodi Community Action Team • Promoting Healthy Lifestyles for Youth!

LCAT works with local municipalities, law enforcement, the school district, and other organizations in the area. We educate the community, empower our youth and work together to create a healthy environment for our kids to thrive in.



www.lodiaction.org



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