



The Lodi Community Action Team
(LCAT) Presents...



A Chance to Win a FREE Family Meal!

Four families will receive a complete dinner for their family, t-shirts, and supplies for a successful family meal. Meals can be picked up or delivered on December 11, 2014.

**Drawing* will take place on Saturday, November 15, 2014
at the Lodi Area Middle School Health Fair
9:00 a.m. - Noon**

*Please Note: You do not have to be present to win. You can complete the attached registration form OR online registration form at goo.gl/forms/3IFKb5ahtH. Please return registration forms to the Lodi School District Office (115 School Street) by November 14, 2014.



What is the Real Happy Hour?

Did you know family mealtimes provide profound benefits? Family mealtimes foster family togetherness, help prevent behavior problems, help children do well in school, encourage healthy eating, and help prevent weight problems. One of the best things you can do for your children is to provide a family meal! For more information, please visit www.TheRealHappyHour.org or www.LodiAction.org.

To be entered in the drawing, please submit this form to the Lodi School District Office (115 School St.) by Nov. 14. You can also submit the form online at goo.gl/forms/3IFKb5ahtH.

First & Last Name: _____ # of People in Family: _____

Phone #: _____ Email: _____

T-Shirt Size for Each Member of Your Family (Please Indicate if a Youth/Adult Size):

I wish to "Nominate a Family" to receive a meal. Please list their first & last names and # of children:

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