

## The "Parent Pledge"

## What is the "Parent Pledge"?

As a parent, you are a role model for your child(ren). Your views on alcohol, tobacco, and other drugs can strongly influence how your child(ren) think about these substances.

The "Parent Pledge" is a tool you can use to begin the conversation with your child(ren) about your family rules regarding alcohol and other drugs. It is also an agreement from parents to their child(ren) and to other parents, making it clear that youth will not have access to alcohol or other drugs in their home and communication with other parents is welcome.

## I AGREE TO THIS 5-POINT PROMISE:

- 1) I promise to not knowingly allow minors to consume alcohol or other drugs in my home.
- 2) I promise to pick up my child if they are in danger and need a ride home. Questions can wait until the next morning.
- 3) I promise to talk to my child about where they are going, what they are doing, whom they are with and when they will be home.
- 4) I promise to talk to my child about the dangers of using controlled substances including prescription drugs.
- 5) I encourage other parents to contact me when their child will be at my home and to ask about child activities and supervision at my home.

Parent Signature	Date	

Funding for this handout was made in part by a Drug Free Communities Grant from the ONDCP and SAMHSA. The views expressed on this handout do not necessarily reflect the office policies of the National Drug Control Policy or the Department of Health and Human Services, nor does any mentioned trade names, commercial practices, or organizations imply endorsement by the US Government.