



The “Parent Pledge”

What is the "Parent Pledge"?

As a parent, you are a role model for your child(ren). Your views on alcohol, tobacco, and other drugs can strongly influence how your child(ren) think about these substances.

The "Parent Pledge" is a tool you can use to begin the conversation with your child(ren) about your family rules regarding alcohol and other drugs. It is also an agreement from parents to their child(ren) and to other parents, making it clear that youth will not have access to alcohol or other drugs in their home and communication with other parents is welcome.

I AGREE TO THIS 5-POINT PROMISE:

- 1) I promise to not knowingly allow minors to consume alcohol or other drugs in my home.
- 2) I promise to pick up my child if they are in danger and need a ride home. Questions can wait until the next morning.
- 3) I promise to talk to my child about where they are going, what they are doing, whom they are with and when they will be home.
- 4) I promise to talk to my child about the dangers of using controlled substances including prescription drugs.
- 5) I encourage other parents to contact me when their child will be at my home and to ask about child activities and supervision at my home.

Parent Signature

Date