

LOCAL SERVICES

IMMEDIATE ASSISTANCE (IF AN EMERGENCY, CALL 911)

- **Northwest Connections:** 24/7 emergency mental health and substance abuse hotline for residents of Columbia County: 888-552-6642
- **National Suicide Hotline Numbers:** 1-800-SUICIDE (784-2433) or 1-800-273-TALK (8255) or suicidepreventionlifeline.org
- **Satori House: Certified Recovery Coaching:** 608-433-7329 or Jake@satorihouse.org or www.satorihouse.org

COUNTY WIDE SERVICES

- **Columbia County Department of Health & Human Services:** 608-742-9227 or bit.ly/3jIT5eQ
- **Columbia County Opioid Task Force:** prairieridge.health/en/opioid-task-force

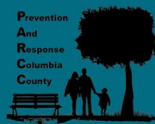
LOCAL HEALTHCARE FACILITIES

- **Aspirius Divine Savior Hospital (Portage):** 608-742-4131 or www.aspirus.org
- **UnityPoint Health Meriter - Partner of UW Health:** 608-417-6000 or www.unitypoint.org
- **Prairie Ridge Health (Columbus):** 920-623-2200 or www.prairieridge.health/en/
- **SSM Health Dean Medical Group:** 800-247-DEAN (3326) or www.ssmhealth.com/wisconsin

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Website: www.parccinfo.org

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LOCAL SERVICES

COUNSELING & RECOVERY SERVICES

- **ASPEN Family Counseling:** 608-742-5020 (main) or 608-477-5363 (after hours emergency line) or www.aspenfamilycounseling.com
- **Compass Counseling-Portage:** <https://compasscounseling.info> or 608-745-4900 or sarahkravick@compasscounseling.info
- **Connections Counseling LLC-Madison:** 608-233-2100 or info@connectionsounseling.com or connectionsounseling.com
- **Foundations Counseling Center Inc:** 608-424-9100 or fccoffice@foundationscc.com or www.foundationscc.com
- **Ho-Chunk House of Wellness-Baraboo:** 888-560-4616 Ext. 5506 or www.houseofwellnessfitnesscenter.com
- **Madison Trauma Therapy:** 608-509-9287 or madisontrauma.com or faith@madisontrauma.com
- **NorthStar Counseling Center-Madison:** 608-270-1960 or www.northstarmentalhealth.com
- **Pauquette Center for Psychological Services-Portage:** 608-742-5518 or info@pauquette.com or <https://pauquette.com>
- **Rogers Behavioral Health-Madison:** 608-238-4411 or <https://rogersbh.org> or info@rogersbh.org
- **Rosecrance Addiction & Mental Health Services-Illinois:** 866-330-8729 or <https://rosecrance.org>
- **Safe Communities of Madison-Dane County:** 608-441-3060 or <https://safercommunity.net> or info@safercommunity.net
- **Samaritan Counseling Center of Southern WI:** 608-663-0763 or <https://samaritancounselingcenterwi.org>
- **Tellurian (detoxification, drug or alcohol rehabilitation)-Madison:** 608-222-7311 or www.tellurian.org
- **Transitions Behavioral Health, LLC-Portage:** 608-745-1751 (main) or 608-566-3644 (24 hour crisis line) or www.tbhllc.com

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